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| SUMMARY: In a world of nonstop communication and continuous connectivity, it is important to stop and relax. You could argue that we need rest more than ever. The problem with our need for rest, like all our needs, is that it can quickly become a deeply selfish pursuit.Sloth, or laziness manifests itself in a wide variety of ways. It can be a lack of desire to fulfil responsibilities, a willingness to cut corners or just an inability to see the consequences of our inaction. In simple terms, it’s a persistent inability and lack of desire to do that which we are expected or required to do.It’s a sneaky sin because while we might be busy and diligent in one area of our life, we easily let another part descend into laziness. The cause of this is usually a skewed set of priorities, only investing in the things we consider most important. When we fail to contribute, when we repeatedly dodge our responsibilities and when we always have excuses for our inaction, we deny one of the core purposes of our creation, to work. Each of us were made with a unique responsibility and that responsibility is to contribute to this world wherever we might find ourselves. A failure or a lack of desire to contribute comes back to that word we have heard repeatedly in this series, selfishness. Sloth is either thinking or acting as if you do not need to play your part in this world. In our work we reflect our creator, we reflect our salvation and we look forward to the true rest we will only find in eternity with Jesus. |

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| Sloth in the book of proverbs1. What are the characteristics of a lazy person?
2. How has our world made laziness much easier and why is this both a blessing and a curse?
3. Why do you think God takes laziness so seriously? (See what happened to Sodom in Ezekiel 16:49-50)
4. What does Proverbs say is the consequence of sloth? (See Proverbs 21:25)
5. Why is the path of the sluggard blocked with thorns? (Proverbs 15:19)
6. What are the usual excuses for a lazy person? What example do Proverbs offer? (See 26:13,19:15,24)
7. Where does Proverbs look to find the opposite of laziness? (See Proverbs 6:6-8)
8. Where though does this lesson break down? What does humanity need that animals do not need?
9. Why is rest & sabbath so important to our humanity and our relationship with God?
10. Will there be work in eternity? How will it be different?
11. How is Jesus our ultimate and only true sabbath rest?
12. What has been your big take away from this series on the seven deadly sins?
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