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| SUMMARY: I’m sure all of us can think of a person who often gets angry. Someone with a short fuse or a quick temper. Anger can be a damaging emotion and one that has been proven to be bad for your health. Does that mean anger is a sin like greed or envy or lust?Yes and no. Anger can in many instances be a sin, but in some cases, it is the completely justified response to some form of wrong doing. Consider Jesus, who the Bible again and again says is perfect, yet he got angry. Why? Because he saw the sin and injustice of the world which drove him to do something about it.It’s easy to describe what anger looks like, we can understand the feeling, but what actually is it? What is anger? Anger, as described by Tim Keller, as *love in motion towards a threat of something or someone that you love.* This definition of anger not only shows us how we can get it wrong; it also can show us when it is right. So, if anger itself is not a sin, we must then determine when it is a right response and when it is a wrong one. The only way to do that is to ask ourselves: what makes me angry, what is it that I love that I am defending? If the answer to those questions is something selfish, then anger is simply the outworking of a deeper sinful desire or attitude. Anger is therefore a sign of much deeper problems, problems that will according to the book of Proverbs, cause you nothing but trouble.  |

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| Anger in the book of proverbs1. How would you describe someone who is always angry?
2. What kind of things make you angry most often?
3. How does anger create hostility? (See Prov. 30:33)
4. How do anger and patience offer contrasting results to conflict? (See Prov. 15:18)
5. How does anger fuel stupidity? (See Prov. 14:29)
6. Do you agree with Keller’s definition of love? (See summary)
7. How does this definition help us understand when anger is right and when it is wrong?
8. When is it right to be angry? When is it a sin not to be?
9. What other words do we use to describe our wrongful anger to justify it?
10. What does being slow to anger mean? (See Ps.103:8)
11. How was the cross the greatest example of God being slow to anger? (See Rom. 3:25)
12. What is a bigger problem for you, getting wrongfully angry or not getting rightfully angry?
13. How is anger an opportunity for the devil to get his claws into you? (See Eph 4:26-27)
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